



Sap Run & Syrup Stroll Registration Form

Hosted by Friends of LaGrange County Parks
Sponsored by generous members of our community
Proceeds to benefit LaGrange County Parks Department

What: 5k Fun Run and 1 Mile Stroll

When: Saturday, March 8, 2025 **Start Time:** 10:00 a.m. **Packet Pickup:** 9:15 a.m.

Where: Maple Wood Nature Center, 4550 E 100 S LaGrange, IN 46761

Who: Walkers and runners of all skill levels

Course: Limestone park trail, road

Name:
Address:
City, State, Zip:
Email:
Phone:

Registration (Check one. A separate form must be completed for each participant.)

Due to space constraints, the event is limited to the first 100 registrants.

	\$30: Includes the run, a 3lb bag of pancake mix, a pint of pure maple syrup, and a coupon for a bag of maple kettle corn or maple cotton candy at Maple Syrup Days the following weekend, March 15 and 16.
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	\$15: Includes the run and kettle corn/cotton candy coupon ONLY.
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Waiver: In consideration of this entry being accepted, I, for myself, my heirs, executors, assigns and administrators, waive and release any and all claims for damages I may have against any and all sponsors, representatives and organizers, Friends of LaGrange County Parks, LaGrange County Community Foundation or LaGrange County Parks Department. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and that my condition has been verified by a licensed medical doctor.

Signature (of parent or guardian if under the age of 18)	Date

Waiver must be signed

Check us out on facebook at Friends of LaGrange County Parks

Please make checks payable to:
LaGrange County Community Foundation
Memo Line: Sap Run

Mail entries to:
Friends of LaGrange County Parks
Kathy Hopper
1365 S 300 E
LaGrange, IN 46761

Inquiries may be directed to:
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